

MedCap Project Proposal

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Motivation

- Everyone who spends long periods of time in the sun is at risk for heat illness, especially those who are extremely active
- Every person has a different tolerance for heat, based on a wide variety of factors
- Estimated 9,000 heat illnesses in high school athletes annually leading to death and disability

Existing Products

- The wearable technology market is rapidly advancing and expanding (Fitbit, Apple Watch, etc.)
- LightBEAM SmartHat: Fitness data only
- No product extracts meaningful data from dynamic PPG processing



Requirements: Shall

- Gather body metrics to determine heat illness
- Transmit sensor data from microcontroller to smartphone app
- Store and process data for immediate and historical trends
- Output a red, yellow, or green to indicate user's stress level
- Graphs shall be displayed to track trends in levels of heat stress

Requirements: Will

- Send a text message/alert to directly alert user and user's followers
- Use machine learning to better estimate blood pressure from PPG data

Indication Algorithm

- Heat illness determined by three measurements
 - Independent
 - Weighted
- Data stored and analyzed
 - Organized for raw and processed
 - Processing framework
- Analysis based on data over time
 - Change in MAP
 - Core temperature
 - Local heat index

weights: $0 < w_3 < w_2 < w_1 < 1$

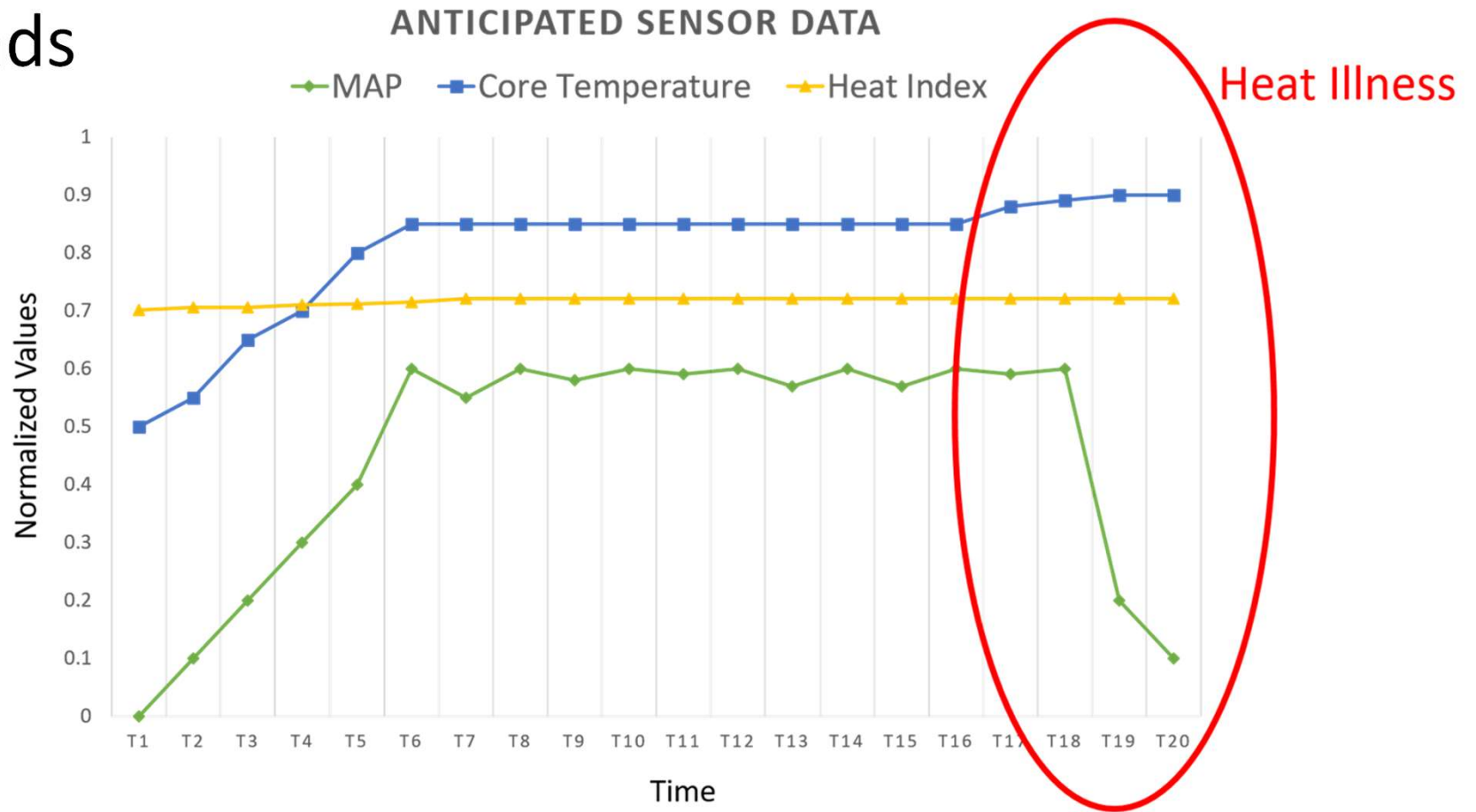
m_1 : mean arterial pressure

m_2 : core temperature

m_3 : heat index

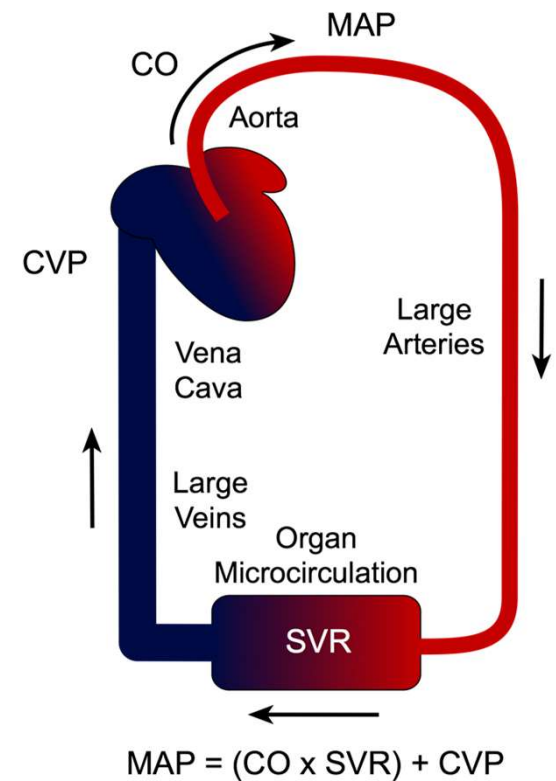
$$\sum_{i=1}^3 w_i * m_i$$

Trends



Design Approach: Medical Research

- Heat Stress -> Body goes through measurable thermoregulatory response
- Clinical Definition of Heat Stroke
 - Core temperature of 40°C+
- Problem: Core Temperature is not sufficient to ***solely*** determine heat illness early

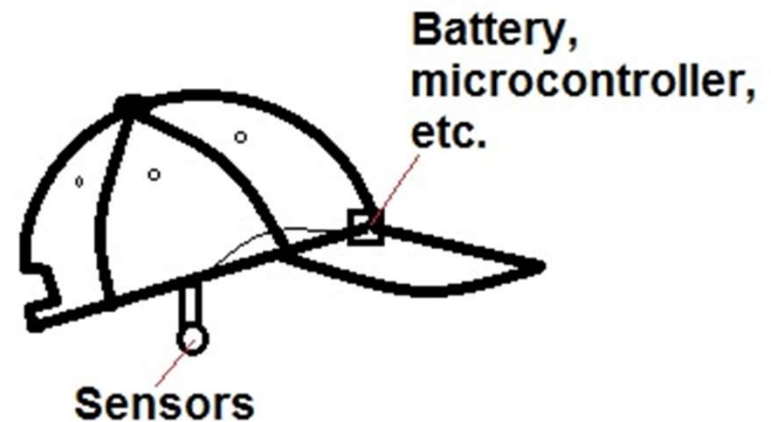


Design Approach: Sensing Data

- Solution: Team has focus on the arterial pressure curve
- Pulse Point: Temporal Artery
- PPG as cardiac output estimator
 - Directly maps arterial pressure curve
- Core Temperature as secondary cardiac output estimator

Design Approach: Cap Design

- Soft cap
- One-size-fits-all
- 3D-printed earpiece



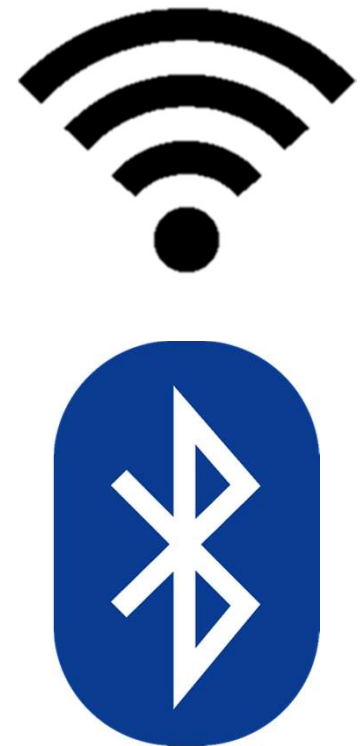
Design Approach: Power Considerations

- Max amperage pull
 - PPG sensor: 4.5mA
 - Accelerometer: 11uA
 - Microprocessor: 10mA
 - Thermometer: 27mA
 - Total: 41.5mA
- 2 AAA battery shield for microprocessor outputs 100mA
- ON/OFF switch on RFduino battery shield
- 25mm x 77mm x 22.86mm footprint
- 540-1200mAh depending on AAA battery type
- Safe estimate: 9.1 hr
- Fancy batteries est: 20.24 hr

Design Approach: Communication Protocol

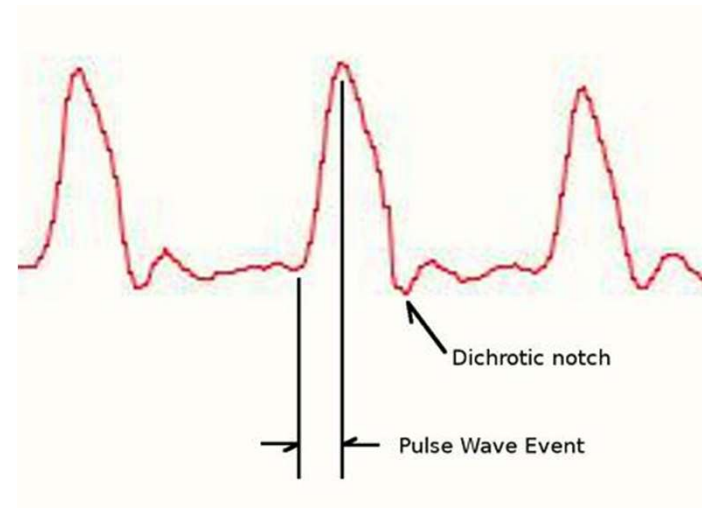
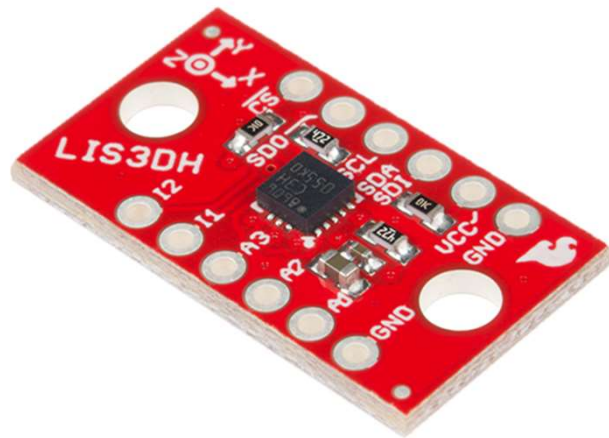
- Major Tradeoff: Bluetooth vs Zigbee

| | Bluetooth | Zigbee |
|-----------------------------------|-----------|--------|
| Transmission Distance | ~100m | ~300m |
| Occupies WiFi Signal | NO | YES |
| Occupies Bluetooth Signal | YES | NO |
| Hardware Available on Smartphones | YES | YES |



Design Approach: Data Transfer

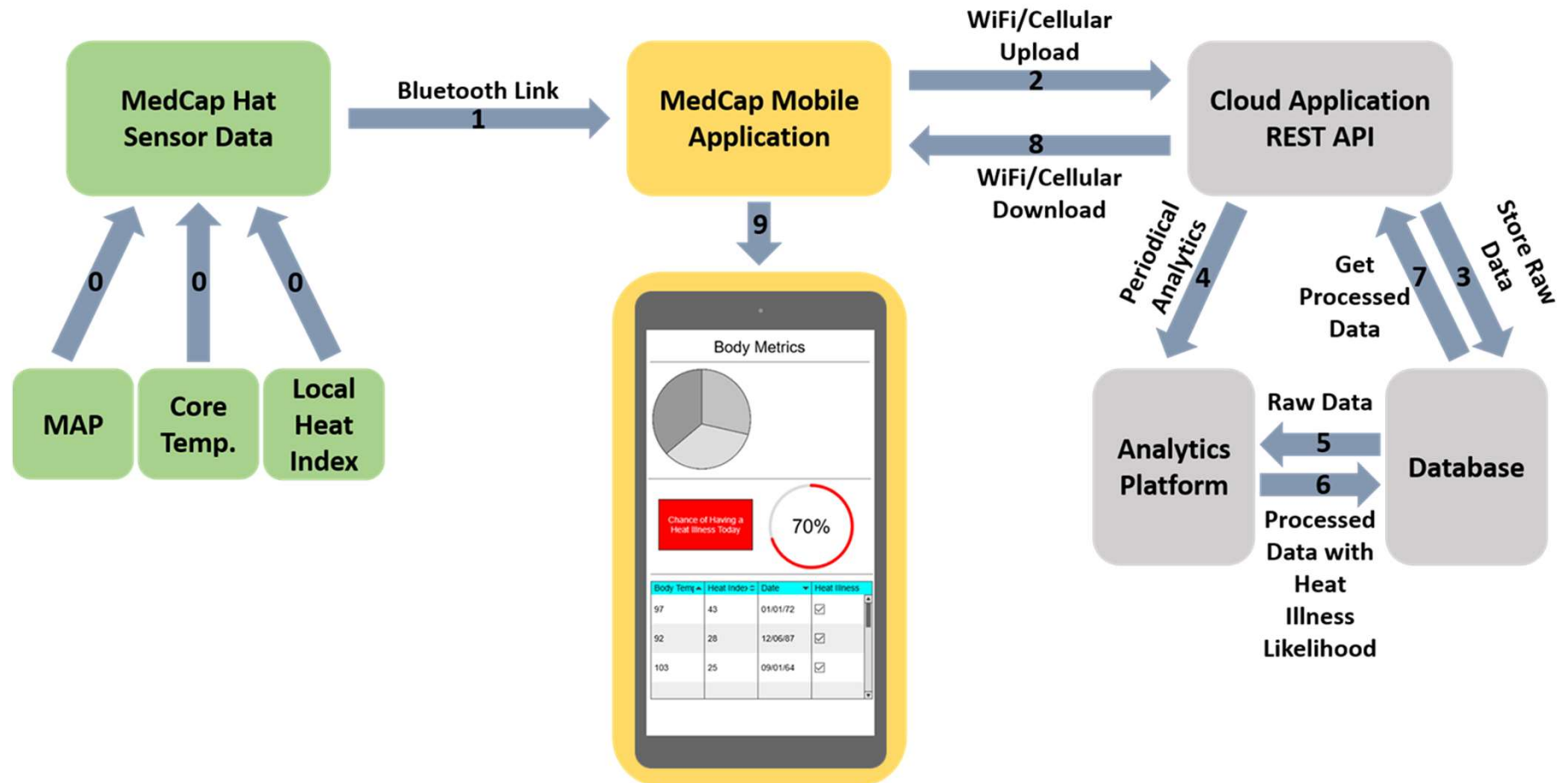
- Program microcontroller to transmit data over Bluetooth
- Reduce noisy signal:
 - Transmission interval determined by accelerometer
 - Active filter within pulse sensor



Design Approach: Data Processing

- Raw data points received by MedCap Mobile Application
 - REST API
- Input into unprocessed database table
- Analytics framework pulls from unprocessed table
 - Poll from the last n seconds
 - Scan for differences and values
- Gather processed data and consolidate time intervals
- Input into processed database table
- Processed data available to MedCap Mobile Application

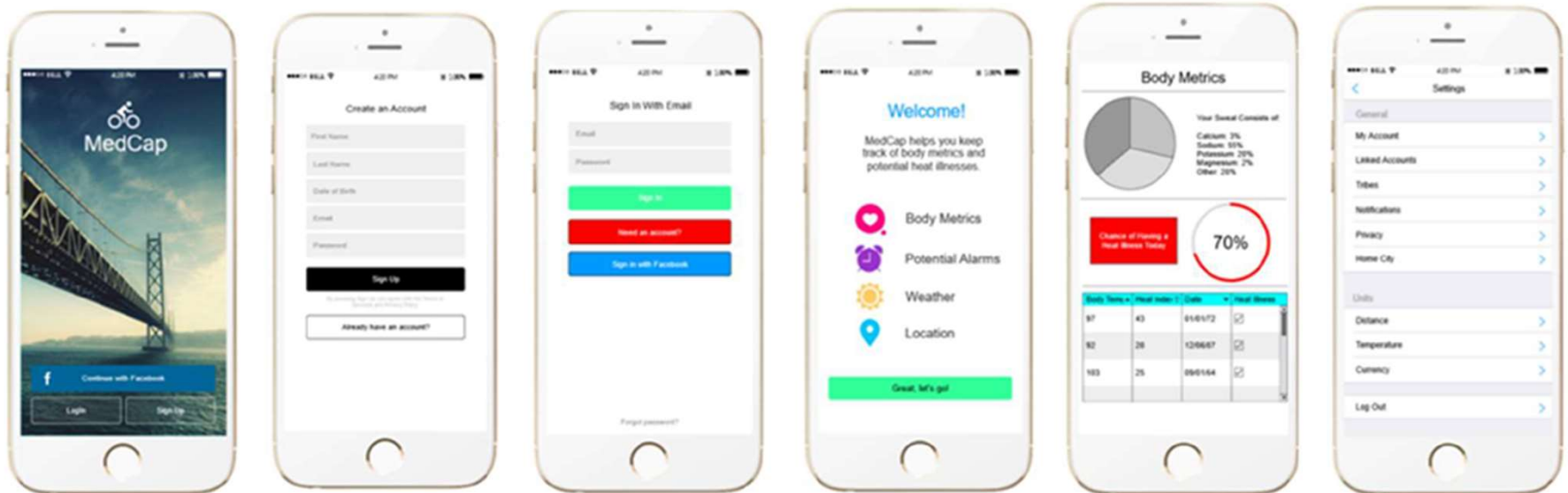
Data Flow and Cloud Architecture



Design Approach: User Interface

- React Native
 - Reusable components
- Open-Sourced Bluetooth Integration Modules
- UI/UX will be derived from Fitbit's mobile application
 - Graphs, Tables, and Interactive Flowcharts
 - Minimalistic
- User Profile
 - Facebook and Email Login
 - Handle multiple users

User Interface Flow

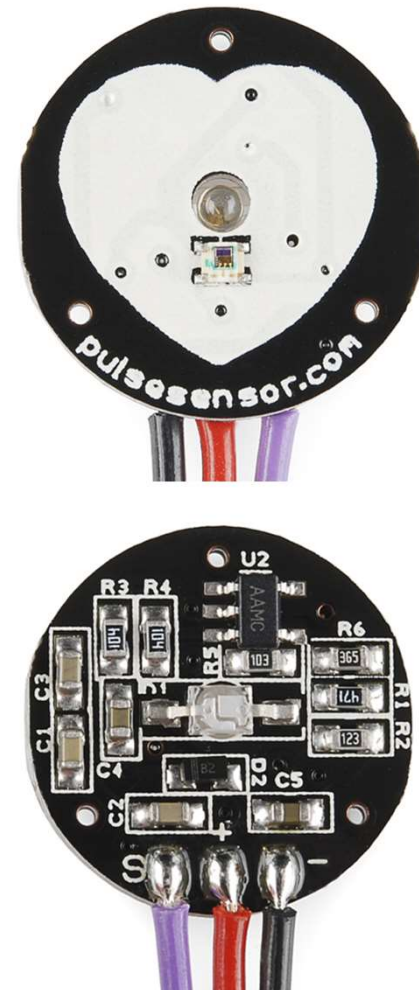


Schedule

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Status

- Confirming part choices
- System integration
- PPG signal noise
 - Top of board: sensor
 - Bottom of board: everything else
 - Allows for placement close to skin
 - Noise reducing
 - FFT (backend)
- Device housing
 - Hot Glue
 - Spring



Thank You!

Questions?