

MedCap

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Motivation

- Everyone who spends long periods of time in the sun is at risk for heat illness, especially those who are extremely active
- Every person has a different tolerance for heat, based on a wide variety of factors
- Estimated 9,000 heat related events in high school athletes annually leading to death and disability



Accomplished Requirements: Shall

- ✓ Gathered body metrics to determine heat illness
- Transmitted sensor data from microcontroller to smartphone app
- ✓ Stored and processed data for immediate and historical trends
- ✓ Output a red, yellow, or green to indicate user's stress level
- Graphs have been displayed to track trends in levels of heat stress



Accomplished Requirements: Will

- Send a text message/alert to directly alert user and user's followers
 - Alert sent to wearer of the MedCap via an LED in peripheral vision
- Use machine learning to better estimate blood pressure from PPG data



Design Process

- 1. Research Indication and Processing
- 2. Cap Design
- 3. Selecting/Testing Parts
 - a. Integrating code
 - b. Designing circuitry
- 4. Ensuring a secure solution
- 5. Transferring data real-time
- 6. Storing and analyzing data
- 7. Displaying and alerting





Design Process: Indication Algorithm

- Heat illness determined by three measurements
 - Independent
 - Weighted
- Data stored and analyzed
 - Organized for raw and processed
 - Processing framework
- Analysis based on data over time
 - Change in MAP
 - Core temperature
 - Local heat index

weights: $0 < w_3 < w_2 < w_1 < 1$ m_1 : mean arterial pressure m_2 : core temperature m_3 : heat index $\sum_{i=1}^{3} w_i * m_i$





Design Process: Heat Level Score

 Heat level ranges from one to ten Health Score





Design Process: Medical Research

- Heat Stress -> Body produces excess heat through muscle contractions
- Clinical Definition of Heat Stroke
 - Core temperature of 40°C+
- Thermoregulation through cardiovascular system



Design Process: Sensing Data

- Problem: Core Temperature is not sufficient to *solely* determine heat illness early
- Solution: Team focused on Cardiac Output
 - Currently done in lab using Co2 or sweat output
- PPG to Blood Pressure as cardiac output estimator
 - Directly maps arterial pressure curve and thus can be used as cardiac output estimator
- We expect to see BP decline over time as body cannot sustain thermo regulation indefinitely



Product Stage - Version 1





Product Stage - Version 2





Product Stage - Version 3





Product Stage - Version 4 (Final)





Product Stage - Version 4 (Final)





Design Process: Cap Design

- Can be added to any hat with minimal modification
- Soft cap compatibility
- One-size-fits-all
- 3-D Printed Enclosure
- LED Indicator





Housing CAD





Printed Housing





Ear Piece





Design Process: Microcontroller

- 7 configurable GPIO pins
 OI/DO, I2C, etc
- I2C capability on all GPIO pins
- Removable development module
- 10-bit analog input capable
- Built in BLE antenna w/ ~ 100m range

 \circ 2.4-2.48 GHz band





Design Process: Battery/ Power

- Circuit pulls 7.2mA \rightarrow fully loaded
- Lithium-ion battery powers the circuit
 - \circ 850mAh
 - \circ Rechargeable
 - \circ Low profile
- Battery Life: ~118 hour battery life (minimum)
- ON/OFF switch electrically extended for ease of use



Design Process: Switch extension







Design Process: Electrical Sensors/Design

- Sensor Selection
 - \circ I2C Bus and Analog Signal Types
- How and Why Do the Sensors Communicate
 - Bluetooth Low Energy
- Alerting User with Red LED











Wiring Diagram



Building Security into MedCap

- Enforced 256-bit encrypted data link between mobile device and cloud
- Enforced unique sequence numbered messages
- Leveraged HIPAA compliant Amazon Web Services
 - EC2 and DynamoDB
- Separated SPI (Sensitive Personal Information) from health metrics
 - Relationship between SPI and health metrics via user aliasing







Design Process: Mapping PPG to Diastolic BP

- Initially researched linear relationship: **30% accuracy**
- Progressed to clustered machine learning: **30% accuracy**
- Finalized on decision tree machine learning: **85% accuracy**



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Design Process: Data Processing

- Raw data points received by MedCap Mobile Application
 REST API
- Input into unprocessed database table
- Analytics framework pulls from unprocessed data queue
 - Poll from the last *n* seconds
 - Scan for differences and values
- Gather processed data and consolidate time intervals
- Input into processed data queue
- Processed data available to MedCap Mobile Application



Data Flow and Cloud Architecture



Design Process: User Interface

- Ionic
 - Reusable components, multiple platforms
- Open-Sourced Bluetooth Integration Modules
- UI/UX will be derived from Fitbit's mobile application
 - Graphs, Tables, and Interactive Flowcharts
 - Minimalistic
- User Profile
 - Login
 - Handle multiple users



Design Process: Real-Time Data



Every 10 Seconds

Every 10 Seconds Receive and Send



℁∛≪∛ 🛜 📶 51% 🖥 11:10 AM



Medcap: Smart Hat

Username		
Password		
	LOGIN	
	SIGN UP	

■ ■ ■ ★ >

← Sign up

First Name

Last Name

Email

Username

Password

Confirm Password

Age

Weight(lbs)



Health Score







M	Ex	* : 🕅 :	45% 📥	11:32 AM
	Estimated Pressure:	Diastoli 73.0 mm	c Blood hg	

CORE TEMPERATURE



HEAT SCORE



Tips for Avoiding Heat Illness To prevent heat related illness and fatalities:

Drink water every 15 minutes, even if you are not thirsty.

.



Results: Raw Data

timestamp	core_temp	diastolic_time	heatIdx	humidity	peak_voltage	systolic_time	temperature			
2017-04-19 17:51:47	98.9571428571	315.571428571	72	73	533.285714286	144.142857143	71			
2017-04-19 17:51:07	99.2666666667	365	72	73	576	121	71			
2017-04-19 17:54:07	99.6	335	72	73	513	144	71			
2017-04-19 17:59:49	99.2	312	72	73	961	157	71			
2017-04-19 18:03:17	99.7333333333	365	72	73	643.111111111	145	71			
2017-04-19 17:53:37	99.725	343	72	73	679.25	292	71			
2017-04-19 17:50:07	99.86	350.8	72	73	691.4	178.8	71			
2017-04-19 17:55:37	99.8	313	72	73	541	239	71			
2017-04-19 18:00:37	98.6266666667	389	72	73	898.2	206.066666667	71			
2017-04-19 17:56:17	99.7	359	72	73	527.4	121	71			
2017-04-19 18:00:47	98.4714285714	389	72	73	817.142857143	135.142857143	71			
2017-04-19 17:50:57	99.2625	324.375	72	73	591.75	166.625	71			

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Results: Processed Data



Core Temperature: 99.16 °F

Estimated Diastolic Blood Pressure: **73.0** mmhg



Future Improvements

- Design PCB to make electrical design cleaner/ wiring simpler
- More evenly distribute weight on hat
- Improve pulse oximeter clip
- Leverage a medical environment to create specific machine learning training set
 - Use-case specific: Heat Illness
 - MedCap + EKG → More Viable Machine Learning
 - Gather data and set thresholds for alerting



Challenges

Software

- Bluetooth Integration
- API Integration with Security
- API Endpoint Errors

Hardware

- Switch Extension
- Earpiece
- Wiring
- CAD/3D Printing



WBS	Schedale	Start	End	Duration (Days	09 - Jan - 17	16 - Jan - 17	23 - Jan - 17	30 - Jan - 17	06 - Feb - 17	13 - Feb - 17	20 - Feb - 17	27 - Feb - 17	06 - Mar - 17	13 - Mar - 17	20 - Mar - 17	27 - Mar - 17	03 - Apr - 17	10 - Apr - 17	17 - Apr - 17	24 - Apr - 17	
2	ECE 4012	1/9/17	4/25/17	107																	
2.1	Update Proposal and PSF	1/9/17	1/25/17	17																	
2.2	Proposal Oral Presentation	1/9/17	1/24/17	16																	
2.3	Website	4/3/17	4/14/17	12																	
2.4	Order Parts	2/1/17	2/28/17	28																	
2.4.1	Order Parts (Round 2)	3/16/17	3/29/17	14												1					
2.4.2	Test Parts	2/28/17	3/6/17	7																	
2.5	Hardware System Design	2/5/17	2/20/17	16																	
2.5.1	Hardware Subsystems Integration	2/28/17	3/7/17	8																	
2.6	Mechanical Housing Design	2/27/17	3/17/17	19																	
2.6.1	Mechanical Housing Manufacture	3/27/17	4/2/17	7																	
2.7	Software System Design	2/27/17	4/2/17	35																	
2.7.1	Software Subsystens Integration	3/27/17	4/12/17	17																	
2.8	HW/SW Integration	4/3/17	4/12/17	10																	
2.8.1	Aesthetic Modifications	4/2/17	4/12/17	11																	
2.9	Test Integrated Prototype	4/12/17	4/20/17	9																	
2.9	Final Presentation	4/17/17	4/20/17	4																	
2.9.1	Final Demo	4/17/17	4/20/17	4																	
2.10	Capstone	4/13/17	4/25/17	13																	
3	ECE 4012-Post Capstone	4/20/17	4/27/17	8																	0
3.1	Final Project	4/20/17	4/27/17	8																	
3.1.1	Final Project Report	4/20/17	4/27/17	8																	
3.1.2	Final Project Summary	4/20/17	4/27/17	8																	MEDCAP

Thank You!

Questions?



Team Member Responsibilities

- Matt \rightarrow Electrical Design, Power and Wiring
- Michael \rightarrow Mechanical Design and Layout
- Nicole \rightarrow Electrical Design, Communication and CAD Expertise
- Miheer \rightarrow User Interface and Team Site
- Tyler \rightarrow Medical Research and Data Validation
- Raj \rightarrow Embedded Processing, Cloud Architecture and Data Analytics

